

# Guidance for Playground Users

## (Parents, Caregivers and Children)

**Monitor your health and stay home** if you don't feel well or are experiencing symptoms including fever, cough, shortness of breath or other symptoms of COVID-19.

[cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html)

**Wash your hands often** with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.

- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.

**Put distance between yourself and other people outside of your home.**

- Stay at least 6 feet (about 2 arms' length) from other people.
- Do not gather in groups.
- Stay out of crowded places and avoid mass gatherings.
- Come back to play at another time if the playground is crowded.

[cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/social-distancing.html](https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/social-distancing.html)

**Consider wearing a face covering when using playgrounds.** When wearing face coverings on playgrounds keep these key considerations top of mind:

- Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- Parents and caregivers should encourage the proper wearing of face coverings and masks. When face coverings and masks are worn properly and children are supervised, they should not pose additional safety hazards. It is important to supervise children prudently when using playgrounds and other play structures.
- Parents and caregivers should monitor how masks are being worn. If children are unable to wear them or if play is vigorous and the face covering is moving around on the face or neck, children should not wear face coverings or masks. Physical distancing is paramount when masks cannot be worn.
- Consider the type of mask being worn. Masks that tear away easily are the best option for wearing on playgrounds.

**Avoid touching your eyes, nose, and mouth** with unwashed hands and **cover your mouth and nose** with a tissue when you cough or sneeze or use the inside of your elbow.

**Do not share personal items or equipment**, including food and water bottles, with people outside your household.

Before use, parents and caregivers should also confirm that:

- Playground equipment is safety standard compliant.
- The use of playgrounds is allowable and in accordance with the most up-to-date CDC, state and local public health guidance. For additional information, please visit the CDC website at [cdc.gov/coronavirus/2019-ncov/community/parks-rec/index.html](https://www.cdc.gov/coronavirus/2019-ncov/community/parks-rec/index.html).

